



The Mississauga Swimming Development Club ~ Wave 1 and Wave 2 ~

The Mississauga Swimming Development Club invites swimmers from the ages of 6 to 14 to improve their endurance and technical swimming skills. To enter this program your swimmer must be able to successfully complete one length (25 meters) of front crawl and one length (25 meters) of back crawl and have completed Swimmer Level 5. Designed to suit a variety of ages and abilities, your swimmer will experience some of the many drills and skills required to perform the four competitive swimming strokes: freestyle (front crawl), backstroke, breaststroke and butterfly. Swimmers will also be introduced to the components of "the race" comprising the dive through to the turn and finish. They will also be instructed in the use of the "pace clock" and "swimming sets". Registration includes 30 weeks of classes and the program and runs from the end of September through May.

Wave 1: Focus is on learning the basic strokes and turns, and includes 30 one-hour lessons. The program begins in September and ends in May, with breaks for holidays & pool maintenance. Swimmers will be given a Mississauga Swimming t-shirt at their first practice at the start of the season and there will be one fun meet at the end of the season

Wave 2: Athletes will learn the basic racing strokes and will have greater opportunity to improve. The program includes 60 one-hour practices, beginning in September and ending in May, with breaks for holidays & pool maintenance. There will be two fun-swim meets and some athletes will participate in one sanctioned competitive meet. Additionally, each Swimmer will receive a Mississauga Swimming T-Shirt and swim cap in their team colour along with a blue training suit. Swim suit fittings will occur in September. Times and dates will be emailed to you and posted on our website.

Meets are a tremendous opportunity for all the swimmers to come out and have some fun. There is absolutely no pressure on the swimmers to attend the meets; however these events always prove to be a great experience for each of them. Although the meet is hosted by volunteers and staff of the Mississauga Aquatic Club, we welcome Mom & Dad to come on deck and gain some officiating experience.

WAVE 1 and Wave 2 programs for partial season running March to May 2010 are as follows:

| Pool Location | Day | Start Date | Time | Includes | Fee |
|----------------|----------------------|------------|-------------------------------|------------|----------|
| Wave 1: | | | | | |
| Glenforest | Monday | March 29 | 5:15-6:15 pm | 8 classes | \$120.00 |
| Erin Meadows | Tuesday | | 7:30-8:30 pm | | FULL |
| Rivergrove | Thursday | March 25 | 4:30-5:30 pm | 8 classes | \$120.00 |
| Cawthra | Saturday | | 4:00-5:00 pm | | FULL |
| Terry Fox | Sunday | March 28 | 8:30-9:30am | 6 classes | \$100.00 |
| UTM | Sunday | | 11:00-am-12noon | | FULL |
| Wave 2: | | | | | |
| Meadowvale | Mon & Wed | March 22 | 4:25-5:25 pm | 17 classes | \$210.00 |
| Clarkson | Wednesday & Saturday | | 6:00-7:00pm 2:45-3:45pm | | FULL |
| UTM (A) | Tues & Thurs | | 7:00-8:00 pm | | FULL |
| UTM (B) | Friday & Sunday | | 7:00-8:00 pm 12noon-1:00pm | | FULL |
| UTM (C) | Friday & Sunday | March 26 | 6:00-7:00 pm 12noon-1:00pm | 13 classes | \$170.00 |

UTM=University of Toronto, Mississauga Campus

~ Note that the schedules are subject to change based on enrollment, pool availability and statutory holidays.

Please visit our website in early May for details on the MSDC Meet scheduled for May 16.

There are no practices on April 2, 3, 4 2010

Meadowvale is off Monday April 5 BUT Glenforest does practice April 5

Please return the Personal Health Form, the Photo Release/PIDEDA Form and the Registration Form to the office with your method of payment. All of this information must be received in order for your swimmer to be registered with The Mississauga Swimming Development Club and Swim Ontario.

Tax Receipts will be issued in February 2011 for payments received in 2010 for the Child Fitness Tax Credit.



Mississauga Swimming Development Club
Photo Release & PIPEDA Form
~ MSDC fax 905-274-9987 ~

Swimmer's Name (please print): _____

Photo Release

I, on my behalf and on behalf of my child/ward, give permission to the Mississauga Aquatic Club to photograph and/or record my child/ward and or my child's/ward's voice on still photographs, motion picture film, audio tape and/or video tape and to use this material, in whole or in part, through the media of television, film, internet, multi-media presentation, radio, audiotape, videotape or in a printed form or display form or for the promotion of the Mississauga Aquatic Club, or to create training materials for use by the Club. I, on my behalf and on behalf of my child/ward assign and transfer to the Mississauga Aquatic Club any and all rights, including copyright, which I may have or my child/ward may have in this material.

I give permission as set out above:

| | | |
|-------------------------------------|--|------|
| Please print Parent/Guardian's name | Signature of Custodial Parent/Guardian | Date |
|-------------------------------------|--|------|

Personal Information Protection & Electronics Documents Act (PIPEDA)
Consent Form

MSDC collects personal information for the following limited purposes:

- To establish and maintain member lists and mailing lists
- To coach, train, represent, promote and transport swimmers in order to facilitate competition

This information is necessary to allow our athletes to train and compete in an age appropriate environment and to have personal information on hand when direct contact is necessary. The latter also applies to volunteers and coaches. MSDC also collects donor information for charitable tax receipt purposes.

The Personal Information Protection & Electronic Documents Act (PIPEDA) regulates the collection, use and disclosure of personal information. MSDC and Swim Ontario maintain only the information required and will only use this information as described in their policies. Please review the policies provided on Mississauga Swimming's website (www.mississaugaswimming.com) or Swim Ontario's website (www.swimontario.com).

By signing below, I confirm that I have read & understand these policies. I also grant permission to The Mississauga Swimming Development Club to enter required personal information on the Swim-Direct database for the purposes outlined in Swim Ontario's policy.

I understand that I may withdraw consent at any time upon written notice to the Mississauga Swimming Privacy Officer (via email at admin@mississaugaswimming.com) and your personal information will be purged from the database. Note that withdrawal constitutes de-registration.

| | |
|--|------|
| Signature of custodial parent/guardian | Date |
|--|------|



Mississauga Swimming Development Club
Registration Form : Valid until March 30, 2010
 ~ MSDC fax 905-274-9987 ~

| | | | |
|---------------------|---------------------------------|----|---------------------------------|
| Swimmer's Name: | | | |
| Program (tick one): | Wave 1 <input type="checkbox"/> | or | Wave 2 <input type="checkbox"/> |
| Pool Location: | Terry Fox | | |

Note: For Wave 2 at UTM, ensure that you denote "UTM (A)" or "UTM (B)" or "UTM (C)"

T-Shirt Size (please circle one): Youth: S M L Adult: S M L

Payment in full due the day you register; spaces are limited

| Wave 1 | Wave 2 |
|--------|--------|
| | |

Payment Information:

- ❖ Payment can be made by post-dated cheque, VISA or MASTERCARD.
- ❖ Please make cheques payable to the **Mississauga Swimming Development Club (or MSDC)**.
- ❖ Note that a fee of \$25.00 will be charged for non-sufficient payment.
- ❖ NOTE: This is a year round program that runs from the end of September through May

Payment Method (please check one):

Visa _____ MasterCard _____ Cheque _____

Credit Card Details:

| | | | | | | |
|-------------|--|-------------|--------|--|------|--|
| Card Number | | Expiry Date | Month: | | Year | |
|-------------|--|-------------|--------|--|------|--|

| | | | |
|---|--|------------|--|
| Card Holder's Name (as it appears on the card) | | Signature: | |
|---|--|------------|--|

Resignation Policy:

Written notice must be provided directly to the Club Office and refunds will be based on the installment schedule listed above (i.e., payments due after your resignation date will be returned. This refund schedule also applies to those that pay in full at the beginning of the season.

How did you hear about Mississauga Swimming?

Parks & Recreation Guide Mississauga News Referral Website

Other (please explain) _____