



**34<sup>th</sup> HARVEST INVITATIONAL**  
**ETOBICOKE OLYMPIUM**  
**NOVEMBER 2, 3 & 4 2007**

**LOCATION:** Etobicoke Olympium  
590 Rathburn Road  
Etobicoke, Ontario

**FACILITY:** 2 x 25 meter, 8 lane competition pool with electronic timing

**APPROVED BY:** Swim Ontario. All current SNC rules and warm up procedures will apply.  
The FINA one start rule will be in effect.

**MEET MANAGER:** Ken Mokry (905) 271-6195

**ELIGIBILITY:** All swimmers registered with Swim Ontario or any other amateur swimming organization recognized by FINA. Ages submitted are to be as of the start date of the meet, November 2, 2007.

SESSION TIMES	Age / Group	Warm up	Start
Friday PM	13 & Over	4:00 - 4:50	5:00
Saturday AM	13 & Over	7:00 - 7:50	8:00
Saturday Aft	12 & Under	11:30-12:20	12:30
Saturday PM	13 & Over	4:30 - 5:20	5:30
SundayAM	12 & Under	7:00 - 7:50	8:00
Sunday Aft	13 & Over	12:00-12:50	1:00

**Management reserves the right to change start times for preliminary and final sessions.**

**QUALIFYING:** Minimum qualifying times for the Meet are swim Ontario "C" Standard

**ENTRIES:** Download a Meet Package from our website [www.mississaugaswimming.com](http://www.mississaugaswimming.com) which contains the meet event listing for import into Hy-Tek's Team Manager. Complete this Hy-Tek file and return by e-mail to the Meet Administrator at [entries@mississaugaswimming.com](mailto:entries@mississaugaswimming.com)

Teams are required to ensure that the Hy-Tek database is properly configured to include coach and club contact information.

**ENTRY DEADLINE:**  
**Tuesday, October 23, 2007**  
**Entries will be accepted on a first come, first serve basis.**

**ENTRY FEES:** \$8.00 including Gold Bonus and GST for Individual Events and \$9.00 including Gold Bonus and GST for 800m Events. Relay Events are \$10.00 each per team

**Cheques payable to Mississauga Aquatic Club must be delivered to the Meet Manager prior to the Saturday AM start or the swimmer will not be allowed to swim.**

**ENTRY LIMITATIONS:** Swimmers may be entered in any event in which they qualify. Swimmers from any age group may "swim up" if an event is not offered in their own age group provided they meet the qualifying time for that event. If necessary, the 800 events will have a limited # of Heats, due to time constraints. Management reserves the right to swim 2 per lane if required.

**DECK ENTRIES:** Will be accepted in empty lanes only at a charge of \$10.00 per event payable in cash at the time of the entry. Deck entries must be made 30 minutes prior to the start of the session and will be recorded as exhibition only.

**EVENTS:** All events will be timed final.

**RELAYS:** Relays will be time finals. Please submit times for seeding purposes only.

**SCORING:** Team: 50 30 20 15 14 13 12 11  
Relays: 50 30 20 15 14 13 12 11

**AWARDS:** Individual Ribbons 1<sup>st</sup> - 8<sup>th</sup>  
Relay Ribbons 1<sup>st</sup> - 3<sup>rd</sup>

**SCRATCH RULES:** Any questions regarding scratch rules should be directed to the Meet Manager.

**RESULTS:** Results will be posted on the Mississauga Aquatic Club website [www.mississaugaswimming.com](http://www.mississaugaswimming.com) at the conclusion of the meet. A Hy-Tek file with complete results will be available by November 6, 2007. In addition, results will be provided to SwimDirect and SwimNews.

**LIMITATION OF LIABILITY:**

Teams entering swimmers in the Meet must advise the swimmer's parents and/or guardians that the Board, coaches and members of the Mississauga Aquatic Club are committed to operating a successful and safe meet and that all reasonable precautions will be put in place to ensure the swimmer's safety.

As such, members, coaches and the Board assume no responsibility for swimmers who are left at the pool by their parents or guardians, and whose parents fail to pick their children up in time at the end of the session. Parents who plan to drop their child off are responsible for ensuring their safety before, during and after the Meet. To ensure that, they should confirm that their child(ren)/swimmer(s) arrive safely on deck, that they are placed in the care of their coach(s), and that appropriate arrangements are made for them to be picked up once they have finished their events.

**SWIMMING/NATATION CANADA  
RISK MANAGEMENT / WARM-UP PROCEDURES 2005**

During the designated warm-up period, the meet management committee shall be responsible for ensuring that all Risk Management/Warm-up procedures are followed. It is incumbent on all participants, i.e. meet management, coaches, swimmers, and officials to comply with these procedures. Non-compliance with these procedures will result in a warning or removal of the swimmer from the warm-up pool, and possible further reporting to meet management and the Referee for action under rule SW 2.1.1.

Meet management shall designate Safety Marshals to actively monitor the warm-up period in the competition pool and ensure compliance with these procedures. Safety Marshals should be notified of any disabled swimmers who are participating in warm-ups. Additional "practice" pools, if any, are to be supervised by lifeguards and coaches.

"Safety Marshals shall be responsible to the Referee for all aspects of safety related to conduct during the warm-up period and shall ensure that all appropriate warm-up procedures are followed." (CSW 2.13.1.5)

**General Warm-up Rules:**

- **Swimmers shall enter the water FEET FIRST in a cautious manner.**
- **No Running on the pool deck or Diving from the side of the pool.**
- **Meet Management shall provide signage to indicate designated lane use during warm-up.**
- **Notices/barriers shall be placed on starting blocks to prevent diving during the general warm-up.**
- **Diving Starts are only permitted in designated Sprint Lanes during the warm-up period.**
- **Lanes shall be open primarily for 'Circle Swimming' during the General warm-up period.**
- **Coaches and swimmers shall allow Backstrokers & SWAD the 'right of way' for safety purposes.**
- **Meet Management may designate a Sprint Lane(s) and/or a Pace Lane(s) throughout the general warm-up period.**

**Specific/Sprint Warm-up period:**

- **Sprint and Pace lanes must be opened for at least the last 30 minutes of warm-ups or as designated by meet management.**
- **Outside Lanes should be designated as Sprint Lanes.**
- **Only 'one-way' swimming shall be permitted in Sprint Lanes.**
- **Sprint Lanes, Pace Lanes, and Circle Swimming lanes shall be clearly marked with signage.**

The following statement shall appear in the meet information and in posted notices: "SNC WARM UP PROCEDURES WILL BE IN EFFECT AT THIS MEET".

**Equipment:**

- **FLUTTER BOARDS and PULLBUOYS are allowed.**
- **HAND PADDLES and FLIPPERS (ZOOMERS) are NOT ALLOWED.**

SNC Board Approved July 6, 2005