MSSAC - MEET SCHEDULE 2009-2010

Updated: April 07, 2010

Week #	Month	Weekend	Meet Dates	Meet	Location	Approximate Confirmation Deadline	GOLD		SILVER			BRONZE			WAVE
							I	II	I	II	III	I	II	III	3
5	Oct.	3,4	3-Oct-09	MSSAC Intersquad (Blue/Orange Meet)	UTM	Sept 30/09	x	x	x	x	x	x	x	x	x
6		10, 11													
7		17, 18	Oct 17/18	Brad Townsend Fall Classic	Oakville	Oct 1/ 09	x	x	x	x	x	x	x	x	
8		24, 25													
9	Oct/Nov	31, 1													
10	Nov.	7, 8	Nov 6,7,8	Harvest Inv. (MSSAC hosted), C-standard	Etobicoke	Oct 12/ 09	Q	Q	Q	Q	Q	Q	Q	Q	
		7, 8	Nov 6,7,8	Autumn Invitational (MSSAC hosted), Below C-Std	Etobicoke	Oct 12/ 09	x	x	x	x	x	x	x	x	
11		14, 15													
12		21, 22	Nov-21	Tristar (MSSAC hosted)	UTM	Nov 7/ 09									x
13		28, 29	Nov 27,28,29	2009 Canada Cup	Etobicoke	Nov 7/ 09	<<<<<<< <<<<<<< Senior National Standard Required >>>>>>>> >>>>>>>>								
		28, 29	Nov 27,28,29	Nothers	London	Nov 7/ 09	x	x	x	x		x	x	x	
14	Dec.	5, 6	Dec 3,4,5,6	Youth Cup, Qualifiers	Etobicoke	Nov 16/ 09	Q	Q	Q	Q	Q				
		5, 6	Dec 4,5,6	Mega City (Non-Youth Cup Qualifier)	Etobicoke	Nov 16/ 09	x	x	x	x	x				
15		12,13	Dec 12	Distance Time Trial	UTM	Nov 29/ 09									
16		19,20	Dec 18,19,20	Mississauga Open (MSSAC hosted)	UTM	Nov 29/ 09	x	x	x	x	x	x	x	x	x
17		26,27													
18	Jan.	2,3													
19		9,10													
20		16,17	Jan 16,17	London 12 & Under Celebration	London	Dec 28/ 09						x	x	x	x
		16,17	Jan 15,16,17	Ontario Cup (Qualifiers)	Toronto	Dec 28/ 09	x	x	x						
21		23,24	Jan 22,23,24	Oakville Invitational	Oakville	Jan 3/ 10	x	x	x	x	x				
22		30,31	Jan 30	Tristar (COBRA)	Brampton	Jan 3/ 10									x
23	Feb	6,7	Feb 4,5,6,7	Central Region SC Championships (Qualifiers)	Etobicoke	Jan 17/ 10	Q	Q	Q	Q	Q	Q	Q	Q	Q
24		13,14	Feb 13,14	C.R. Winter Team Champs (Non CR SC Champs)	Etobicoke	Feb 7/ 10	<<<<<<< <<<<<<< All non-Central Region SC Champ Qualifiers >>>>>>>> >>>>>>								
25		**18-21**	**Feb 18-21**	**Eastern Canadian Champs (LC)**	**Gatineau, QC**	TBD	**Q**	**Q**	**Q**						
		20,21													
26		27,28	Feb 25-28	**Jr. Provincial SC Championships**	**Etobicoke**	Feb 12/ 10	<<<<<<< <<<<<<< Junior Provincial Standard Required >>>>>>>> >>>>>>>>								
		27,28	Feb 27-28	Muskoka Spring Sprint Invitational	Bracebridge	Feb 7/ 10	<<<<<<< <<<<<<< Non-Provincial SC Champ Qualifiers >>>>>>>> >>>								
27	Mar	6,7													
28		13,14													
29		20,21													
30		27,28	Mar-27	SWIM-A-THON	UTM	NA	x	x	x	x	x	x	x	x	x
31	**Apr.**	**3,4**	**Apr 1-4**	**Spring Nationals (Qualifiers)**	**Montreal, QC**	Mar 12/ 10	**Senior National Standard Required**								
32		10, 11	TBD	Pentathlon (Non Spring National)	Etobicoke	Mar 12/ 10	x	x	x	x	x	x	x	x	
33		**17,18**	**Apr 16,17,18**	**Div 1 Ontario Team Champs (Selection)**	**Nepean**	TBD	**Selection Meet from Gold/Silver/Bronze**								
34		24,25	Apr 24, 25	John Grootveld (Non Team Champs)	U of T	Apr 4/ 10	x	x	x	x	x	x	x	x	
35	May	1,2	Apr 30/May 1,2	Dr. Ralph Hicken (MSSAC hosted), B-Std	Etobicoke	Apr 11/ 10	Q	Q	Q	Q	Q	Q	Q	Q	
36		8,9													
37		15,16	May 15,16	NYAC LC Performance Meet (non-Hicken, 11&Over)	U of T	Apr 25/ 10	x	x	x	x	x				
			May 14,15,16	TOP Cup (10&under)	Etobicoke	Apr 25/ 10						x	x	x	x
			May 14,15,16	Jack McCormack (11&over)	Hamilton	Apr 25/ 10						x	x	x	
38		22,23													
39		29,30	TBD	Tristar (TSC)	U of T	May 2/ 10									x
40	June	5,6	Jun 3,4,5,6	AGI	Etobicoke	May 15/ 10									
		5,6	Jun 5,6	Mayors Cup (Below C, 13&Over)	North York	May 15/ 10									
41		12,13	Jun 10,11,12,13	Central Region LC Champs	Etobicoke	May 22/ 10	Q	Q	Q	Q	Q	Q	Q		
42		19,20	Jun 19,20	Central Region Summer Team Champs		May 29/ 10	<<<<<<< <<<<<<< All non Central Region Qualifiers >>>>>>>> >>>>>>>>								
		19,20	**TBD**	TBD (MSSAC Hosted)	UTM	Jun 4/ 10									
43		26,27	Jun 27												
44	**July**	**3,4**	**Jul 1,2,3,4**	**Jr.Provincial Long Course Championships**	**Nepean**	Jun 18/ 10	**Q**	**Q**	**Q**	**Q**	**Q**	**Q**	**Q**		
45		10,11													
46		17,18													
47		**22-25**	**TBD**	**Age Group Nationals (Qualifiers)**	**Winnipeg, MB**	TBD	**Age Group National Standard Required**								
48		**29-1**	**TBD**	**Senior Nationals (Qualifiers)**	**Victoria, BC**	TBD	**Senior National Standard Required**								
TBD		**TBA**	**TBD**	**British Age Group Championships (Qualifiers) OR Far Western Championships (Qualifiers)**	**TBA**	TBD	**Standard TBA**								

Note: This schedule is subject to change. Please check monthly for the most current version.

Legend: **Mandatory Team Travel** Q = qualifying meet: X = eligible for meet