

MSSAC GOES GREEN AT TEAM CHAMPS!!!

The Mississauga Aquatic Club was showing off its past colours at the 2009 Ontario Team Championships. The bright "kelly green" shirts could be spotted miles away. MSSAC originally known as TOMAC (Town of Mississauga Aquatic Club) up until the late 1980's performed extremely well placing 3rd overall. The team was led by great individual performances including club records by Stephanie McDonald and Kim Fleming. There were many successful moments over the weekend and the great part about the team champs meet is it is about team and having fun. Saturday and Sunday evenings program started with the younger age group relays and this made for a very fun and exciting start to the night time sessions. Congratulations to all swimmers that were a part of this year's team champs team. Great Job!

Leading the medal charge were Rodrigo Villalobos, Abdullah Ahmad, and Austin Rockett. Rodrigo had 3 gold, Abdullah had 4 gold, and Austin had 4 gold. Megan Vuong and Paolina Carnevale also won events, Megan won the 100 fly and 100 free for her age, and Paolina won the 100 fly. The 10 & under boys relay of Rodrigo, Abdullah, Sasha Svitak, and Terry Li won both the free and medley relays.

MSSAC had many second and third place finishes including Stephanie McDonald, Abdullah Ahmad, Terry Li, Tiara Higuchi (3), Rodrigo, Megan Vuong, Olivia Bellio (2), Nicolette Goncalves, Austin Rockett, and Kim Fleming who finished with silver medals as well as the girls 11&12 free relay of Megan Vuong, Melanie McDonald, Kassandra Espinola, and Victoria Gardiner and the 13&14 girls free relay of Olivia Bellio, Megan Vuong, Rachel Hickey, and Isabella Olivares. Bronze medal winners included Terry Li, Angela Pan, Tiara Higuchi, Stephanie McDonald, Sasha Svitak, Rodrigo Villalobos, Melanie McDonald, Isabella Olivares, Paolina Carnevale, Janica Lee, and Kim Fleming. Relay bronze medals were won by the 10 & under girls team of Stephanie McDonald, Tiara Higuchi, Angela Pan, and Kathryn Trudeau, the 11&12 girls relay of Victoria Gardiner, Stephanie Ly, Megan Vuong, and Melanie McDonald, as well as the 13 & 14 girls medley relay of Isabella Olivares, Stephanie Ly, Paolina Carnevale, and Olivia Bellio.

The team had many other scoring swims that helped contribute to the 3rd place finish. Andrew Vo, Vanessa Treasure, Amy Xu, Martin Matuszczak, Alexandra Jozwiak, Isaac Crowe, Gillian Wu, Stephanie Ly, Victoria Gardiner, and Kassandra Espinola were among the large number of point getters at the meet.

There were many great performances at the meet and we were having a lot of fun. Team spirit was great and it was nice to see MSSAC cheering and supporting each other. Team Champs is always an exciting and fun meet and the finals sessions usually provide some exciting races especially with the young age groups swimming relays to start the session.

Once again congratulations to all swimmers and the club on a successful meet!