



MSSAC in Nepean for Short Course Provincial Championships!

From Head Coach, Mike Rutledge

The Mississauga Aquatic Club traveled to Nepean for the Provincial Championships at the end of February and although the majority of the senior swimmers were not in attendance due to their focusing on the Western Canadian and Senior National Championships there was no shortage of great swim. The team was lead by the charge of young girls that broke four club relay records. Congratulations to Stephanie McDonald, Tiara Higuchi, Angela Pan, and Laura Johnston on your club records as well as winning three silvers and 1 bronze. Paolina Carnevale qualified for the Senior Nationals in the 200fly in 2:19.99 winning the bronze medal. New Age Group National Qualifiers were Melanie McDonald and Jackie Chan. MSSAC continued relay success with the 11&under boys winning four bronze medals, relay members included JC Smith, Rodrigo Villalobos, Abdullah Ahmad, and Victor Truong. Cynthia Berringer and Nydia Langill were both very successful at the meet with Cynthia breaking National SWAD records throughout the weekend and Nydia qualifying for the Ontario Canada Games Team. Individual medal winners in addition some of the above performances were achieved by Megan Vuong, Tiara Higuchi, Victor Truong, Stephanie McDonald, Paolina Carnevale, Martin Matuszczak, and Cynthia Berringer.

In addition to the medalist and record breakers some additional performance that stood out included Abdullah Ahmad 400 free, Isaac Crowe 800 free, Julia Matuszczak 200 breast, Michael Decsey 100 and 200 back, Julia Boron 50, 200, and 800 free, Kim Fleming 200 IM, Jackie Chan 50 free and 200 breast, Kassandra Espinola 200 back, Victoria Gardiner 800 free, Nydia Langill 400 free, Melanie McDonald 400 IM, Lucia Namgoong 200 breast and 200 IM, Isabella Olivares 50 free, Yasha Sinitski 100 back and 100 fly, Gillian Wu 100 fly, Laura Johnston 200 IM, Olivia Bellio 200 free and 800 free.

Congratulations to the Boys 11&12 4 x100 medley relay team of JC Smith, Abdullah Ahmad, Victor Truong, and Rodrigo Villalobos on breaking the Club Record.

Great Job Swimmers!