

MSSAC 13&14 Girls Relay Team Breaks Two Club Records at Harvest!

The MSSAC girls 13&14 relay team of Isabella Olivares, Janica Lee, Nicolette Goncalves, and Olivia Bellio broke both the 4x50 free and 4x50 medley club records. Ashley Mogg, Joanna Lee, Cynthia Pearce, and Jackie Chan previously held the 4x50 free and 4x50 medley relays. The senior boys team made up of Jeremy Ramshaw, Martin Matuszczak, Alex Vo, and Austin Rockett also broke a long time record in the 4x50 medley relay previously held by Miguel Munoz, Scott Wassmer, Eric Weible, and Dean Kondziolka. Jeremy Ramshaw also broke his own individual club record in the 100 backstroke.

MSSAC had many swimmers finishing in the top three including first place finishers Isaac Crowe, Nicolette Goncalves, Jessie Hickey, Tiara Higuchi, Alexandra Jozwiak, Martin Matuszczak, Melanie McDonald, Isabella Olivares, Jeremy Ramshaw, Austin Rockett, Megan Vuong, and Eric Xiao. Second place finishers include Olivia Bellio, Paolina Carnevale, Michael Decsey, Cassandra Espinola, Kim Fleming, Nicolette Goncalves, Tiara Higuchi, Janica Lee, Martin Matuszczak, Melanie McDonald, Isabella Olivares, Chinmay Patil, Jeremy Ramshaw, Rachel Sehn, Vanessa Treasure, Victor Truong, Andrew Vo, Megan Vuong, Gillian Wu, and Eric Xiao. Third place finishers were Olivia Bellio, Paolina Carnevale, Isaac Crowe, Michael Decsey, Cassandra Espinola, Victoria Gardiner, Nicolette Goncalves, Jessie Hickey, Tiara Higuchi, Alexandra Jozwiak, Janica Lee, Stephanie Ly, Julia Matuszczak, Martin Matuszczak, Melanie McDonald, Stephanie McDonald, Isabella Olivares, Angela Pan, Chinmay Patil, Darian Petrov, Austin Rockett, Rachel Sehn, Vanessa Treasure, Gillian Wu, and Eric Xiao.

Some other highlights included Cynthia Berringer who seemed to drop large amounts of time every time in the water. Michael Decsey also had some big drops in time in all his events. Isabella Olivares broke the minute mark for the first time in her one hundred free.

Many of the MSSAC coaches commented how their swimmers had really shown improvement and the fact that they were implementing the changes being worked on in practice was great. MSSAC was noticeably improved off walls and in many of the little areas that we have been working on.

MSSAC showed its team spirit with lots of pre meet group warm up and cheering. We looked great in our team uniform and swam really fast. Looking forward to great swimming in the coming weeks.

Great Job Swimmers and Coaches!

Thanks to all the volunteers that made this weekend possible!

Mike Rutledge
Head Coach

