

# CENTRAL REGION WINTER TEAM CHAMPIONSHIPS

FEBRUARY 21 & 22 2009

## REPEAT ! REPEAT ! REPEAT!

On the weekend of February 21 and 22 the Mississauga Aquatic Club with 146 swimmers (up from 115 last year) repeated as Central Region Winter Team Champs. The Club was represented by swimmers in Wave 3, Bronze 1 & 2, Silver 1 & 2 and Gold 2 & 3. It was a team effort as we were able to score our relays down to the D & E level. Our Mixed Medley relays won 3 of the 4 relays on Saturday.

We started out strong and were ahead by over 300 points when the first scoring was posted. We did not stop there and added to our lead before the day was over. After day 1 we had 2798 points and a 1000 point lead.

On the second day we kept the pressure on and increased our lead event after event. At the end of the day we had 5531 points to second place NYAC with 3462 points.

Although we had outstanding performances throughout the meet some of the our event winners were:

Andrew Blakely , Lyanne Smith, Lucia Namgoong, Maggie Copland, Mathew Babits, Pierre Truong, Sasha Suitak, Peter Lin, Patrick Nolan Madison Moore.

Most of our swimmers were there at the end to receive the trophy for winning the meet and to take home their own individual trophy as each member of the winning team received one.

The coaches would like to thank all the swimmers for their great effort.