



*Dr. Ralph Hicken Invitational*  
April 29<sup>th</sup> – May 1<sup>st</sup>, 2011

- HOSTED BY:** Mississauga Aquatic Club
- LOCATION:** Etobicoke Olympium  
590 Rathburn Road  
Toronto, ON
- FACILITY:** 8 lane, 50 meter competition pool with electronic timing.
- APPROVED BY:** Swim Ontario. All current SNC rules and warm up procedures will apply. The FINA one start rule will be in effect.
- MEET REFEREE:** Jeff Holmes (Level 5)
- MEET MANAGER:** Jamie McCabe
- ELIGIBILITY:** All swimmers registered with Swim Ontario, SNC and/or FINA recognized organizations. The swimmer's age will be computed as of the first day of the meet (April 29, 2011).
- ENTRY GUIDELINES** **Space will be held for the following teams until April 1, 2011: AAC, BTSC, COBRA, ESWIM, LAC, MSSAC, NYAC, OAK, PICK, SCAR, TSC, VAC.**
- Remaining spaces will be allotted on a first-come, first-served basis. All entries must be submitted to [www.swimming.ca/meetlist.aspx](http://www.swimming.ca/meetlist.aspx).
- QUALIFYING:** Minimum qualifying time for this Meet are Ontario Age Group "B" Standard appropriate to the age/gender as published in the meet file. The 50 M events are open with the exception of the 50FR which has a "B" Standard qualifying time.
- For the 800 and 1500 Free events:
- 12 year old girls will need to have a 'B' Standard qualifying time based on the girls age 13 category,
  - 12 and 13 year old boys will need to have a 'B' Standard qualifying time based on the boys age 14 category.
- SESSION TIMES:** Meet Management reserves the right to change start times for all sessions.

<u>Session</u>	<u>Age/Group</u>	<u>Warm Up</u>	<u>Start</u>	<u>Est. Finish</u>
#1 - Friday AFT	12 & O	12:00pm	1:00 pm	5:00 pm
#2 – Friday EVE	11 & O	5:00 pm	6:00 pm	9:30 pm
#3 – Saturday AM	13 & O	7:00 am	8:00 am	12:00 pm
#4 – Saturday AFT	12 & U	12:30 pm	1:30 pm	5:30 pm
#5 – Saturday EVE	13 & O	5:30 pm	6:30 pm	8:30 pm
#3 – Sunday AM	13 & O	7:00 am	8:00 am	12:00 pm
#4 – Sunday AFT	12 & U	12:30 pm	1:30 pm	5:00 pm
#5 – Sunday EVE	13 & O	5:30 pm	6:30 pm	8:30 pm

**ENTRIES:**

The only meet package which will be considered as valid must be the most current version found on [www.swimmeet.ca](http://www.swimmeet.ca). Meet Management reserves the right to delete a swimmer from an entry or results file for incorrect or absent 9 digit ID numbers and/or correct date of birth. Only swimmers (includes age group and all university athletes) with valid Swimming Canada identification numbers will be considered for acceptance into the meet.

All entries must be in Hy-tek format and submitted via [www.swimmeet.ca](http://www.swimmeet.ca). No entries will be accepted directly by meet management. Teams are required to ensure that the Hy-Tek database is properly configured to include coach and club contact information.

**ENTRY LIMITATIONS:**

Swimmers may be entered in any event in which they qualify. Swimmers from any age group may “swim up” if an event is not offered in their own age group provided they meet the qualifying time for that event.

Meet management reserves the right to limit entries by scratching swimmers. Notification of management's scratches will be made by April 23, 2011.

**SEEDING:**

All Short Course entry times will be converted to Long Course times, using the default conversion factors in Hy-Tek Meet manager, and then seeded accordingly. Nonconforming times (yards, etc) will be seeded last.

**ENTRY DEADLINE:**

The entry deadline is Tuesday April 12, 2011 at 11:59 pm. No changes will be accepted after that date.

All fees will be charged based on entries submitted to the entry deadline (except for scratches made by Meet Management by April 23) regardless of whether the swimmer competes or not.

**ENTRY FEES:**

\$8.50 including Gold Bonus and HST for Individual Events and \$10.00 including Gold Bonus and HST for 800m and 1500 m Events. Relay Events are \$12.00 each per team. Cheques payable to “Mississauga Aquatic Club” must be delivered to the Meet Manager prior to the Friday EVE start or the club/swimmer(s) will not be allowed to swim.

**DECK ENTRIES:** Will be accepted in empty lanes only, at the discretion of the Meet Manager, and only for swimmers already submitted and validated in the entries file, at a charge of **\$10.00 per event** and **\$15.00 for distance events (800FR and 1500FR)** payable to the "Mississauga Aquatic Club" by cheque or cash. Deck entries must be made 30 minutes prior to the start of the session and will be recorded as exhibition only. These swimmers will not be allowed to advance to finals. Swimmer's that were not in the entries file submitted to [www.swimmeet.ca](http://www.swimmeet.ca) cannot be deck entered.

**SCRATCH RULES:** Scratches from Preliminaries shall be provided to the Clerk of Course and will be completed without penalty.

All Scratches from Finals must be provided to the Clerk of Course within 30 minutes of the conclusion of Preliminary events to allow for proper seeding and notification of alternates.

A final scratch deadline for Finals shall be 30 minutes before the start of the Finals Session. There will be no reseeding for scratches received after the initial scratch deadline.

Scratching from Finals after the final scratch deadline or failure to participate in an individual final event or distance timed final (400M, 800M and 1500M) will result in a \$20.00 fine for each offense – payable to the Mississauga Aquatic Club. Failure to pay before the swimmer's next event will exclude the swimmer from further participation in the meet.

Scratches must be provided to the Clerk of Course for all Relay, 400M, 800M and 1500 M timed finals at least 30 minutes before the start of the session.

**EVENTS:**

800M & 1500M Events

- These will be timed finals run from fastest to slowest and are positive check-in. Swimmers must meet the 'B' Ontario provincial time standard appropriate to their age group. Management reserves the right to limit heats and/or swim two swimmers per lane.
- To reduce the wait time, heats for the 1500 and 800 heats will alternate, with the two fastest heats for Event 1-Female 1500, then two fastest heats 1500 male, followed by two fastest heats female 800 then two fastest heats 800 boys & so on. The sequencing for all heats for these events will be finalized once all of the entries are received. Details will be communicated to the coaches prior to the meet.

400 Free & 400IM will be timed finals.

- The fastest heat will be swum as the first event in that evening's finals
- Management reserves the right to limit heats or swim two swimmers per lane if necessary for the 400 Free.

All 12 & Under events will be timed finals.

Results will be scored by age group

There will be championship finals (top eight) in all other events and will be swum youngest to oldest. No consolation finals.

**RELAYS:** Relays will be time finals. Please submit times for seeding purposes only.

**AWARDS:** Overall High Point Team Award (where total team points are divided by the number of athletes on the team)

**Individual Awards:**

Individual Medals - 1<sup>st</sup> - 3<sup>rd</sup>

Individual Ribbons 4<sup>th</sup> - 8<sup>th</sup>

- Girls: 10&Under, 11, 12, 13, 14, 15&Over
- Boys: 11&Under, 12, 13, 14, 15, 16&Over

**Relay Awards:**

- Ribbons: 1st - 3rd
- Girls and Boys: 10&Under, 11-12, 13-14, 15&Over

Coaches are requested to pickup awards for 12 & Under swimmers at the end of the Sunday session. Medals for finals will be handed out immediately following the swim.

**RESULTS:** The Hy-Tek file with complete results will be available on [www.swimmeet.ca](http://www.swimmeet.ca).

**COACHES MEETING** A coaches meeting will be held at the start of warm-ups on Friday April 29<sup>th</sup> at approximately noon (the time will be confirmed closer to the meet) on the deck.

**LIMITATION OF LIABILITY:** Teams entering swimmers in the Meet must advise the swimmer's parents and/or guardians that the Board, coaches and members of the Mississauga Aquatic Club are committed to operating a successful and safe meet and that all reasonable precautions will be put in place to ensure the swimmer's safety.

As such, members, coaches and the Board assume no responsibility for swimmers who are left at the pool by their parents or guardians, and whose parents fail to pick their children up in time at the end of the session. Parents who plan to drop their child off are responsible for ensuring their safety before, during and after the Meet. To ensure that, they should confirm that their child(ren)/swimmer(s) arrive safely on deck, that they are placed in the care of their coach(s), and that appropriate arrangements are made for them to be picked up once they have finished their events.

**SWIMWEAR:** Effective September 1, 2009, all swimwear worn in swimming competitions sanctioned Under the authority of Swimming Canada must conform to the January 1, 2010 FINA swimwear approval guidelines as listed below.

**MATERIAL** – the material of swimwear will definitively be constituted only by textile fabric(s). The FINA definition of “textile” currently is: “Material consisting of, natural and/or synthetic, individual and non-consolidated yarns used to constitute a fabric by weaving, knitting, and/or braiding.”

**SHAPE** – MEN: swimwear shall not extend above the navel or below the knee.  
WOMEN: swimwear shall not cover the neck, extend past the shoulder, nor extend below knee. No zippers or other fastening system is allowed.

**USE** – Swimmers shall wear only one swimsuit, taping is not permitted.

**CONSISTENCY** – Swimwear effectively manufactured and used shall correspond to and be fully consistent with FINA approved samples. Any modification before use (including impregnation) is prohibited. Moreover, there shall be no variation/modification for individual swimmers.



\*\*\*PLEASE DISTRIBUTE TO ALL PARTICIPATING COACHES, MANAGERS, VOLUNTEERS and OFFICIALS PRIOR TO THE EVENT AT THE ETOBICOKE OLYMPIUM\*\*\*

### **AQUATIC EVENT PROCEDURES FOR MEET MANAGERS, OFFICIALS AND COACHES**

1. The Olympium Part Time Supervisor will be responsible for handling any problems that arise with space allocation or safety during the meet. Please be aware that they are acting Supervisor in the absence of a full time Recreationist.
2. Absolutely **NO FOOD** in the bleachers or on the pool deck with the exception of drinks provided for the officials working during the event. Coaches are expected to set an example and enforce this rule with ALL participants in the event.
3. Running and climbing is strictly **PROHIBITED** in the pool area including deck, under/ on bleachers and all gates within the pool area. If any participants are caught doing so, they will be asked to leave the pool deck area.
4. Shoes **MUST** be worn whenever outside the pool or change room areas. The hallways and stairs outside of the pool get very slippery and unsafe if wet for participants and public.
5. **Warm-up protocol:**
  - No diving off of the starting blocks or bulkhead during warm-ups
  - Lanes **1** and **8** will be designated as sprint lanes in one direction only for the **LAST PART OF WARM- UPS** where diving is allowed off of those designated blocks (lanes 1 & 8 only)
  - Flippers and hand paddles during warm- ups is prohibited.
6. Swimmer and participants who are not competing are **NOT** to be in other areas of the building and are not to upset the normal operation of the other departments. Participants will be asked to leave the building by staff and security if this rule is not respected.
7. **COACHES ARE DIRECTLY RESPONSIBLE FOR THE SUPERVISION OF THEIR ATHLETES AT ALL TIMES.** This includes the pool deck area, change rooms, hallways and all other areas of the Etobicoke Olympium.

\*\*\*Please review these rules and expectations with your participants before coming to the event\*\*\*

Your cooperation is greatly appreciated in helping enforce the rules and facility protocol to keep the permit/ event running smoothly and safely.

Thank you,

Etobicoke Olympium Aquatic Staff & Management



## **SWIMMING/NATATION CANADA RISK MANAGEMENT / WARM-UP PROCEDURES 2005**

During the designated warm-up period, the meet management committee shall be responsible for ensuring that all Risk Management/Warm-up procedures are followed. It is incumbent on all participants, i.e. meet management, coaches, swimmers, and officials to comply with these procedures. Non-compliance with these procedures will result in a warning or removal of the swimmer from the warm-up pool, and possible further reporting to meet management and the Referee for action under rule SW 2.1.1.

Meet management shall designate Safety Marshals to actively monitor the warm-up period in the competition pool and ensure compliance with these procedures. Safety Marshals should be notified of any disabled swimmers who are participating in warm-ups. Additional "practice" pools, if any, are to be supervised by lifeguards and coaches.

"Safety Marshals shall be responsible to the Referee for all aspects of safety related to conduct during the warm-up period and shall ensure that all appropriate warm-up procedures are followed." (CSW 2.13.1.5)

### **General Warm-up Rules:**

- **Swimmers shall enter the water FEET FIRST in a cautious manner.**
- **No Running on the pool deck or Diving from the side of the pool.**
- **Meet Management shall provide signage to indicate designated lane use during warm-up.**
- **Notices/barriers shall be placed on starting blocks to prevent diving during the general warm-up.**
- **Diving Starts are only permitted in designated Sprint Lanes during the warm-up period.**
- **Lanes shall be open primarily for 'Circle Swimming' during the General warm-up period.**
- **Coaches and swimmers shall allow Backstrokers & SWAD the 'right of way' for safety purposes.**
- **Meet Management may designate a Sprint Lane(s) and/or a Pace Lane(s) throughout the general warm-up period.**

### **Specific/Sprint Warm-up period:**

- **Sprint and Pace lanes must be opened for at least the last 30 minutes of warm-ups or as designated by meet management.**
- **Outside Lanes should be designated as Sprint Lanes.**
- **Only 'one-way' swimming shall be permitted in Sprint Lanes.**
- **Sprint Lanes, Pace Lanes, and Circle Swimming lanes shall be clearly marked with signage.**

The following statement shall appear in the meet information and in posted notices: "SNC WARM UP PROCEDURES WILL BE IN EFFECT AT THIS MEET".

### **Equipment:**

- **FLUTTER BOARDS and PULLBUOYS are allowed.**
- **HAND PADDLES and FLIPPERS (ZOOMERS) are NOT ALLOWED.**

SNC Board Approved July 6, 2005

**2011 Hicken Invitational - 4/29/2011 to 5/1/2011****Session Report**

Session: 1 Friday Afternoon Deep End

Day of Meet: 1 Starts at 01:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	1 Girls 12 & Over 1500 Freestyle	0	0	01:00 PM _____
Finals	3 Girls 12 & Over 800 Freestyle	0	0	01:00 PM _____
	Finish Time			01:00 PM _____

Session: 2 Friday Afternoon Shallow End

Day of Meet: 1 Starts at 01:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	2 Boys 12 & Over 1500 Freestyle	0	0	01:00 PM _____
Finals	4 Boys 12 & Over 800 Freestyle	0	0	01:00 PM _____
	Finish Time			01:00 PM _____

Session: 3 Friday Evening

Day of Meet: 1 Starts at 06:00 PM Heat Interval: 10 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	5 Girls 11 & Over 50 Backstroke	0	0	06:00 PM _____
Finals	6 Boys 11 & Over 50 Backstroke	0	0	06:00 PM _____
Finals	7 Girls 11 & Over 50 Breaststroke	0	0	06:00 PM _____
Finals	8 Boys 11 & Over 50 Breaststroke	0	0	06:00 PM _____
Finals	9 Girls 11 & Over 50 Butterfly	0	0	06:00 PM _____
Finals	10 Boys 11 & Over 50 Butterfly	0	0	06:00 PM _____
Prelims	11 Girls 13 & Over 50 Freestyle	0	0	06:00 PM _____
Prelims	12 Boys 13 & Over 50 Freestyle	0	0	06:00 PM _____
Prelims	13 Girls 13 & Over 200 IM	0	0	06:00 PM _____
Prelims	14 Boys 13 & Over 200 IM	0	0	06:00 PM _____
	Finish Time			06:00 PM _____

Session: 4 Saturday Morning Shallow End

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 0 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Prelims	17 Girls 13 & Over 200 Freestyle	0	0	08:00 AM _____
Prelims	19 Girls 13 & Over 100 Butterfly	0	0	08:00 AM _____
Prelims	21 Girls 13 & Over 200 Breaststroke	0	0	08:00 AM _____
Prelims	23 Girls 13 & Over 100 Backstroke	0	0	08:00 AM _____
Finals-S	25 Girls 13 & Over 400 IM	0	0	08:00 AM _____
	Finish Time			08:00 AM _____

**2011 Hicken Invitational - 4/29/2011 to 5/1/2011****Session Report**

Session: 5 Saturday Morning Deep End

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 0 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Prelims	18 Boys 13 & Over 200 Freestyle	0	0	08:00 AM _____
Prelims	20 Boys 13 & Over 100 Butterfly	0	0	08:00 AM _____
Prelims	22 Boys 13 & Over 200 Breaststroke	0	0	08:00 AM _____
Prelims	24 Boys 13 & Over 100 Backstroke	0	0	08:00 AM _____
Finals-S	26 Boys 13 & Over 400 IM	0	0	08:00 AM _____
	Finish Time			08:00 AM _____

Session: 6 Saturday Afternoon

Day of Meet: 2 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	15 Girls 11-12 400 Freestyle	0	0	01:30 PM _____
Finals	16 Boys 11-12 400 Freestyle	0	0	01:30 PM _____
Finals	27 Girls 10 & Under 50 Backstroke	0	0	01:30 PM _____
Finals	28 Boys 10 & Under 50 Backstroke	0	0	01:30 PM _____
Finals	29 Girls 11-12 200 Backstroke	0	0	01:30 PM _____
Finals	30 Boys 11-12 200 Backstroke	0	0	01:30 PM _____
Finals	31 Girls 10 & Under 50 Breaststroke	0	0	01:30 PM _____
Finals	32 Boys 10 & Under 50 Breaststroke	0	0	01:30 PM _____
Finals	33 Girls 11-12 200 Breaststroke	0	0	01:30 PM _____
Finals	34 Boys 11-12 200 Breaststroke	0	0	01:30 PM _____
Finals	35 Girls 10 & Under 100 Butterfly	0	0	01:30 PM _____
Finals	36 Boys 10 & Under 100 Butterfly	0	0	01:30 PM _____
Finals	37 Girls 11-12 100 Butterfly	0	0	01:30 PM _____
Finals	38 Boys 11-12 100 Butterfly	0	0	01:30 PM _____
Finals	39 Girls 10 & Under 100 Freestyle	0	0	01:30 PM _____
Finals	40 Boys 10 & Under 100 Freestyle	0	0	01:30 PM _____
Finals	41 Girls 11-12 100 Freestyle	0	0	01:30 PM _____
Finals	42 Boys 11-12 100 Freestyle	0	0	01:30 PM _____
Finals	43 Girls 11-12 400 IM	0	0	01:30 PM _____
Finals	44 Boys 11-12 400 IM	0	0	01:30 PM _____
Finals	45 Girls 10 & Under 200 Freestyle Relay	0	0	01:30 PM _____
Finals	46 Boys 10 & Under 200 Freestyle Relay	0	0	01:30 PM _____
Finals	47 Girls 11-12 200 Freestyle Relay	0	0	01:30 PM _____
Finals	48 Boys 11-12 200 Freestyle Relay	0	0	01:30 PM _____
	Finish Time			01:30 PM _____

**2011 Hicken Invitational - 4/29/2011 to 5/1/2011****Session Report**

Session: 7 Saturday Finals

Day of Meet: 2 Starts at 06:30 PM Heat Interval: 45 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Finals	11 Girls 13 & Over 50 Freestyle	0	4u	06:30 PM _____
Finals	12 Boys 13 & Over 50 Freestyle	0	4u	06:36 PM _____
Finals-1	25 Girls 13 & Over 400 IM	0	0	06:42 PM _____
Finals-1	26 Boys 13 & Over 400 IM	0	0	06:42 PM _____
Finals	19 Girls 13 & Over 100 Butterfly	0	4u	06:42 PM _____
Finals	20 Boys 13 & Over 100 Butterfly	0	4u	06:52 PM _____
Finals	21 Girls 13 & Over 200 Breaststroke	0	4u	07:01 PM _____
Finals	22 Boys 13 & Over 200 Breaststroke	0	4u	07:19 PM _____
Finals	23 Girls 13 & Over 100 Backstroke	0	4u	07:36 PM _____
Finals	24 Boys 13 & Over 100 Backstroke	0	4u	07:47 PM _____
Finals	17 Girls 13 & Over 200 Freestyle	0	4u	07:57 PM _____
Finals	18 Boys 13 & Over 200 Freestyle	0	4u	08:12 PM _____
Finals	49 Girls 13-14 200 Medley Relay	0	0	08:27 PM _____
Finals	50 Boys 13-14 200 Medley Relay	0	0	08:27 PM _____
Finals	51 Girls 15 & Over 200 Medley Relay	0	0	08:27 PM _____
Finals	52 Boys 15 & Over 200 Medley Relay	0	0	08:27 PM _____
	Entry / Heat Totals:	0	40	
	Finish Time			08:27 PM _____

Session: 8 Sunday Morning Shallow

Day of Meet: 3 Starts at 08:00 AM Heat Interval: 0 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Prelims	54 Boys 13 & Over 100 Freestyle	0	0	08:00 AM _____
Prelims	56 Boys 13 & Over 200 Butterfly	0	0	08:00 AM _____
Prelims	58 Boys 13 & Over 100 Breaststroke	0	0	08:00 AM _____
Prelims	60 Boys 13 & Over 200 Backstroke	0	0	08:00 AM _____
Finals-S	62 Boys 13 & Over 400 Freestyle	0	0	08:00 AM _____
	Finish Time			08:00 AM _____

Session: 9 Sunday Morning Deep

Day of Meet: 3 Starts at 08:00 AM Heat Interval: 0 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>
Prelims	53 Girls 13 & Over 100 Freestyle	0	0	08:00 AM _____
Prelims	55 Girls 13 & Over 200 Butterfly	0	0	08:00 AM _____
Prelims	57 Girls 13 & Over 100 Breaststroke	0	0	08:00 AM _____
Prelims	59 Girls 13 & Over 200 Backstroke	0	0	08:00 AM _____
Finals-S	61 Girls 13 & Over 400 Freestyle	0	0	08:00 AM _____
	Finish Time			08:00 AM _____

**2011 Hicken Invitational - 4/29/2011 to 5/1/2011****Session Report**

Session: 10 Sunday Afternoon

Day of Meet: 3 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	63 Girls 10 & Under 200 IM	0	0	01:30 PM	_____
Finals	64 Boys 10 & Under 200 IM	0	0	01:30 PM	_____
Finals	65 Girls 11-12 200 IM	0	0	01:30 PM	_____
Finals	66 Boys 11-12 200 IM	0	0	01:30 PM	_____
Finals	67 Girls 10 & Under 50 Freestyle	0	0	01:30 PM	_____
Finals	68 Boys 10 & Under 50 Freestyle	0	0	01:30 PM	_____
Finals	69 Girls 11-12 50 Freestyle	0	0	01:30 PM	_____
Finals	70 Boys 11-12 50 Freestyle	0	0	01:30 PM	_____
Finals	71 Girls 10 & Under 100 Breaststroke	0	0	01:30 PM	_____
Finals	72 Boys 10 & Under 100 Breaststroke	0	0	01:30 PM	_____
Finals	73 Girls 11-12 100 Breaststroke	0	0	01:30 PM	_____
Finals	74 Boys 11-12 100 Breaststroke	0	0	01:30 PM	_____
Finals	75 Girls 10 & Under 100 Backstroke	0	0	01:30 PM	_____
Finals	76 Boys 10 & Under 100 Backstroke	0	0	01:30 PM	_____
Finals	77 Girls 11-12 100 Backstroke	0	0	01:30 PM	_____
Finals	78 Boys 11-12 100 Backstroke	0	0	01:30 PM	_____
Finals	79 Girls 10 & Under 50 Butterfly	0	0	01:30 PM	_____
Finals	80 Boys 10 & Under 50 Butterfly	0	0	01:30 PM	_____
Finals	81 Girls 12 Year Olds 200 Butterfly	0	0	01:30 PM	_____
Finals	82 Boys 12 Year Olds 200 Butterfly	0	0	01:30 PM	_____
Finals	83 Girls 10 & Under 200 Freestyle	0	0	01:30 PM	_____
Finals	84 Boys 10 & Under 200 Freestyle	0	0	01:30 PM	_____
Finals	85 Girls 11-12 200 Freestyle	0	0	01:30 PM	_____
Finals	86 Boys 11-12 200 Freestyle	0	0	01:30 PM	_____
Finals	87 Girls 10 & Under 200 Medley Relay	0	0	01:30 PM	_____
Finals	88 Boys 10 & Under 200 Medley Relay	0	0	01:30 PM	_____
Finals	89 Girls 11-12 200 Medley Relay	0	0	01:30 PM	_____
Finals	90 Boys 11-12 200 Medley Relay	0	0	01:30 PM	_____
	Finish Time			01:30 PM	_____

**2011 Hicken Invitational - 4/29/2011 to 5/1/2011****Session Report**

Session: 11 Sunday Finals

Day of Meet: 3 Starts at 06:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals-1	61 Girls 13 & Over 400 Freestyle	0	0	06:00 PM	_____
Finals-1	62 Boys 13 & Over 400 Freestyle	0	0	06:00 PM	_____
Finals	13 Girls 13 & Over 200 IM	0	4u	06:00 PM	_____
Finals	14 Boys 13 & Over 200 IM	0	4u	06:17 PM	_____
Finals	53 Girls 13 & Over 100 Freestyle	0	4u	06:33 PM	_____
Finals	54 Boys 13 & Over 100 Freestyle	0	4u	06:42 PM	_____
Finals	55 Girls 13 & Over 200 Butterfly	0	4u	06:51 PM	_____
Finals	56 Boys 13 & Over 200 Butterfly	0	4u	07:07 PM	_____
Finals	57 Girls 13 & Over 100 Breaststroke	0	4u	07:23 PM	_____
Finals	58 Boys 13 & Over 100 Breaststroke	0	4u	07:33 PM	_____
Finals	59 Girls 13 & Over 200 Backstroke	0	4u	07:42 PM	_____
Finals	60 Boys 13 & Over 200 Backstroke	0	4u	08:00 PM	_____
Finals	91 Girls 13-14 200 Freestyle Relay	0	0	08:17 PM	_____
Finals	92 Boys 13-14 200 Freestyle Relay	0	0	08:17 PM	_____
Finals	93 Girls 15 & Over 200 Freestyle Relay	0	0	08:17 PM	_____
Finals	94 Boys 15 & Over 200 Freestyle Relay	0	0	08:17 PM	_____
	Entry / Heat Totals:	0	40		
	Finish Time			08:17 PM	_____

**2011 Hicken Invitational - 4/29/2011 to 5/1/2011****Time Standards Report**

<b>Event</b>	<b>Z</b>
Event 1 Girls 12 1500 Free	21:37.17
Event 1 Girls 13 1500 Free	21:37.17
Event 1 Girls 14 1500 Free	21:10.11
Event 1 Girls 15 1500 Free	20:55.05
Event 1 Girls 16&O 1500 Free	20:55.05
Event 2 Boys 12 1500 Free	20:34.70
Event 2 Boys 13 1500 Free	20:34.70
Event 2 Boys 14 1500 Free	20:34.70
Event 2 Boys 15 1500 Free	20:15.31
Event 2 Boys 16&O 1500 Free	19:47.30
Event 3 Girls 12 800 Free	11:48.40
Event 3 Girls 13 800 Free	11:11.28
Event 3 Girls 14 800 Free	10:57.28
Event 3 Girls 15 800 Free	10:46.14
Event 3 Girls 16&O 800 Free	10:46.14
Event 4 Boys 12 800 Free	11:41.09
Event 4 Boys 13 800 Free	11:05.50
Event 4 Boys 14 800 Free	10:38.95
Event 4 Boys 15 800 Free	10:28.92
Event 4 Boys 16&O 800 Free	10:14.43
Event 5 Girls 11 50 Back	
Event 5 Girls 12 50 Back	
Event 5 Girls 13 50 Back	
Event 5 Girls 14 50 Back	
Event 5 Girls 15 50 Back	
Event 5 Girls 16&O 50 Back	
Event 6 Boys 11 50 Back	
Event 6 Boys 12 50 Back	
Event 6 Boys 13 50 Back	
Event 6 Boys 14 50 Back	
Event 6 Boys 15 50 Back	
Event 6 Boys 16&O 50 Back	
Event 7 Girls 11 50 Breast	
Event 7 Girls 12 50 Breast	
Event 7 Girls 13 50 Breast	
Event 7 Girls 14 50 Breast	
Event 7 Girls 15 50 Breast	
Event 7 Girls 16&O 50 Breast	
Event 8 Boys 11 50 Breast	
Event 8 Boys 12 50 Breast	
Event 8 Boys 13 50 Breast	
Event 8 Boys 14 50 Breast	
Event 8 Boys 15 50 Breast	
Event 8 Boys 16&O 50 Breast	
Event 9 Girls 11 50 Fly	
Event 9 Girls 12 50 Fly	
Event 9 Girls 13 50 Fly	

**2011 Hicken Invitational - 4/29/2011 to 5/1/2011****Time Standards Report**

<b>Event</b>	<b>Z</b>
Event 9 Girls 14 50 Fly	
Event 9 Girls 15 50 Fly	
Event 9 Girls 16&O 50 Fly	
Event 10 Boys 11 50 Fly	
Event 10 Boys 12 50 Fly	
Event 10 Boys 13 50 Fly	
Event 10 Boys 14 50 Fly	
Event 10 Boys 15 50 Fly	
Event 10 Boys 16&O 50 Fly	
Event 11 Girls 13 50 Free	33.10
Event 11 Girls 14 50 Free	32.40
Event 11 Girls 15 50 Free	31.78
Event 11 Girls 16&O 50 Free	31.78
Event 12 Boys 13 50 Free	31.83
Event 12 Boys 14 50 Free	30.16
Event 12 Boys 15 50 Free	29.73
Event 12 Boys 16&O 50 Free	28.81
Event 13 Girls 13 200 IM	2:56.32
Event 13 Girls 14 200 IM	2:50.90
Event 13 Girls 15 200 IM	2:47.39
Event 13 Girls 16&O 200 IM	2:47.39
Event 14 Boys 13 200 IM	2:51.56
Event 14 Boys 14 200 IM	2:44.67
Event 14 Boys 15 200 IM	2:41.69
Event 14 Boys 16&O 200 IM	2:34.69
Event 15 Girls 11 400 Free	6:01.47
Event 15 Girls 12 400 Free	5:39.28
Event 16 Boys 11 400 Free	6:06.18
Event 16 Boys 12 400 Free	5:38.69
Event 17 Girls 13 200 Free	2:34.87
Event 17 Girls 14 200 Free	2:31.39
Event 17 Girls 15 200 Free	2:27.13
Event 17 Girls 16&O 200 Free	2:27.13
Event 18 Boys 13 200 Free	2:31.09
Event 18 Boys 14 200 Free	2:25.00
Event 18 Boys 15 200 Free	2:21.32
Event 18 Boys 16&O 200 Free	2:16.93
Event 19 Girls 13 100 Fly	1:20.86
Event 19 Girls 14 100 Fly	1:19.97
Event 19 Girls 15 100 Fly	1:16.37
Event 19 Girls 16&O 100 Fly	1:16.37
Event 20 Boys 13 100 Fly	1:19.33
Event 20 Boys 14 100 Fly	1:14.42
Event 20 Boys 15 100 Fly	1:13.45
Event 20 Boys 16&O 100 Fly	1:09.75
Event 21 Girls 13 200 Breast	3:17.76
Event 21 Girls 14 200 Breast	3:12.45

**2011 Hicken Invitational - 4/29/2011 to 5/1/2011****Time Standards Report**

<b>Event</b>	<b>Z</b>
Event 21 Girls 15 200 Breast	3:07.52
Event 21 Girls 16&O 200 Breast	3:07.52
Event 22 Boys 13 200 Breast	3:13.76
Event 22 Boys 14 200 Breast	3:06.97
Event 22 Boys 15 200 Breast	3:04.97
Event 22 Boys 16&O 200 Breast	2:59.43
Event 23 Girls 13 100 Back	1:20.48
Event 23 Girls 14 100 Back	1:19.21
Event 23 Girls 15 100 Back	1:16.64
Event 23 Girls 16&O 100 Back	1:16.64
Event 24 Boys 13 100 Back	1:19.79
Event 24 Boys 14 100 Back	1:15.31
Event 24 Boys 15 100 Back	1:14.53
Event 24 Boys 16&O 100 Back	1:11.27
Event 25 Girls 13 400 IM	6:13.00
Event 25 Girls 14 400 IM	6:04.58
Event 25 Girls 15 400 IM	5:54.43
Event 25 Girls 16&O 400 IM	5:54.43
Event 26 Boys 13 400 IM	6:01.68
Event 26 Boys 14 400 IM	5:52.47
Event 26 Boys 15 400 IM	5:43.00
Event 26 Boys 16&O 400 IM	5:24.55
Event 27 Girls 10&U 50 Back	
Event 28 Boys 10&U 50 Back	
Event 29 Girls 11 200 Back	3:11.35
Event 29 Girls 12 200 Back	2:59.30
Event 30 Boys 11 200 Back	3:13.04
Event 30 Boys 12 200 Back	2:59.49
Event 31 Girls 10&U 50 Breast	
Event 32 Boys 10&U 50 Breast	
Event 33 Girls 11 200 Breast	3:38.11
Event 33 Girls 12 200 Breast	3:23.60
Event 34 Boys 11 200 Breast	3:25.50
Event 34 Boys 12 200 Breast	3:23.69
Event 35 Girls 10&U 100 Fly	1:46.21
Event 36 Boys 10&U 100 Fly	1:52.00
Event 37 Girls 11 100 Fly	1:32.09
Event 37 Girls 12 100 Fly	1:26.52
Event 38 Boys 11 100 Fly	1:36.16
Event 38 Boys 12 100 Fly	1:25.64
Event 39 Girls 10&U 100 Free	1:24.51
Event 40 Boys 10&U 100 Free	1:28.00
Event 41 Girls 11 100 Free	1:18.10
Event 41 Girls 12 100 Free	1:14.45
Event 42 Boys 11 100 Free	1:19.68
Event 42 Boys 12 100 Free	1:13.40
Event 43 Girls 11 400 IM	6:59.53

**2011 Hicken Invitational - 4/29/2011 to 5/1/2011****Time Standards Report**

<b>Event</b>	<b>Z</b>
Event 43 Girls 12 400 IM	6:28.51
Event 44 Boys 11 400 IM	7:00.25
Event 44 Boys 12 400 IM	6:32.64
Event 45 Girls 10&U 200 Free Relay	
Event 46 Boys 10&U 200 Free Relay	
Event 47 Girls 11-12 200 Free Relay	
Event 48 Boys 11-12 200 Free Relay	
Event 49 Girls 13-14 200 Medley Relay	
Event 50 Boys 13-14 200 Medley Relay	
Event 51 Girls 15&O 200 Medley Relay	
Event 52 Boys 15&O 200 Medley Relay	
Event 53 Girls 13 100 Free	1:12.21
Event 53 Girls 14 100 Free	1:09.85
Event 53 Girls 15 100 Free	1:08.39
Event 53 Girls 16&O 100 Free	1:08.39
Event 54 Boys 13 100 Free	1:09.92
Event 54 Boys 14 100 Free	1:06.25
Event 54 Boys 15 100 Free	1:05.08
Event 54 Boys 16&O 100 Free	1:02.90
Event 55 Girls 13 200 Fly	3:00.58
Event 55 Girls 14 200 Fly	2:58.92
Event 55 Girls 15 200 Fly	2:51.02
Event 55 Girls 16&O 200 Fly	2:51.02
Event 56 Boys 13 200 Fly	2:58.72
Event 56 Boys 14 200 Fly	2:51.61
Event 56 Boys 15 200 Fly	2:45.52
Event 56 Boys 16&O 200 Fly	2:38.64
Event 57 Girls 13 100 Breast	1:32.94
Event 57 Girls 14 100 Breast	1:29.11
Event 57 Girls 15 100 Breast	1:27.30
Event 57 Girls 16&O 100 Breast	1:27.30
Event 58 Boys 13 100 Breast	1:30.70
Event 58 Boys 14 100 Breast	1:25.96
Event 58 Boys 15 100 Breast	1:25.14
Event 58 Boys 16&O 100 Breast	1:21.62
Event 59 Girls 13 200 Back	2:52.55
Event 59 Girls 14 200 Back	2:49.55
Event 59 Girls 15 200 Back	2:43.70
Event 59 Girls 16&O 200 Back	2:43.70
Event 60 Boys 13 200 Back	2:50.64
Event 60 Boys 14 200 Back	2:41.38
Event 60 Boys 15 200 Back	2:40.38
Event 60 Boys 16&O 200 Back	2:34.01
Event 61 Girls 13 400 Free	5:24.29
Event 61 Girls 14 400 Free	5:17.53
Event 61 Girls 15 400 Free	5:11.15
Event 61 Girls 16&O 400 Free	5:11.15

**2011 Hicken Invitational - 4/29/2011 to 5/1/2011****Time Standards Report**

<b>Event</b>	<b>Z</b>
Event 62 Boys 13 400 Free	5:21.50
Event 62 Boys 14 400 Free	5:08.68
Event 62 Boys 15 400 Free	5:03.83
Event 62 Boys 16&O 400 Free	4:54.07
Event 63 Girls 10&U 200 IM	3:26.98
Event 64 Boys 10&U 200 IM	3:30.00
Event 65 Girls 11 200 IM	3:13.56
Event 65 Girls 12 200 IM	3:01.88
Event 66 Boys 11 200 IM	3:17.53
Event 66 Boys 12 200 IM	3:01.11
Event 67 Girls 10&U 50 Free	37.79
Event 68 Boys 10&U 50 Free	39.00
Event 69 Girls 11 50 Free	35.83
Event 69 Girls 12 50 Free	33.90
Event 70 Boys 11 50 Free	36.10
Event 70 Boys 12 50 Free	33.40
Event 71 Girls 10&U 100 Breast	1:48.26
Event 72 Boys 10&U 100 Breast	1:54.00
Event 73 Girls 11 100 Breast	1:42.32
Event 73 Girls 12 100 Breast	1:35.04
Event 74 Boys 11 100 Breast	1:46.38
Event 74 Boys 12 100 Breast	1:34.94
Event 75 Girls 10&U 100 Back	1:37.10
Event 76 Boys 10&U 100 Back	1:41.00
Event 77 Girls 11 100 Back	1:29.11
Event 77 Girls 12 100 Back	1:23.81
Event 78 Boys 11 100 Back	1:31.10
Event 78 Boys 12 100 Back	1:24.28
Event 79 Girls 10&U 50 Fly	
Event 80 Boys 10&U 50 Fly	
Event 81 Girls 12 200 Fly	3:16.93
Event 82 Boys 12 200 Fly	3:17.52
Event 83 Girls 10&U 200 Free	3:05.10
Event 84 Boys 10&U 200 Free	3:07.00
Event 85 Girls 11 200 Free	2:51.53
Event 85 Girls 12 200 Free	2:40.67
Event 86 Boys 11 200 Free	2:52.16
Event 86 Boys 12 200 Free	2:40.03
Event 87 Girls 10&U 200 Medley Relay	
Event 88 Boys 10&U 200 Medley Relay	
Event 89 Girls 11-12 200 Medley Relay	
Event 90 Boys 11-12 200 Medley Relay	
Event 91 Girls 13-14 200 Free Relay	
Event 92 Boys 13-14 200 Free Relay	
Event 93 Girls 15&O 200 Free Relay	
Event 94 Boys 15&O 200 Free Relay	